

# Angus Third Sector Collaborative

## Support is only a phone call away



Charity Number: SC044329

Dundee and Angus ADHD Support Group

email [sj@adhdasupport.org](mailto:sj@adhdasupport.org)



Member of Relationships Scotland

Relationships Scotland FM Tayside and Fife

Tel: 01382 201343

[www.familymediationonline.co.uk](http://www.familymediationonline.co.uk)



The Dementia Friendly Kirriemuir Project

**Kirrie Connections**

**Dementia Friendly Kirriemuir**

Providing support and advice to people living with dementia and their family carers.

To contact please phone: 01575 573805 or

email: [info@kirrieconnections.com](mailto:info@kirrieconnections.com)

[www.kirrieconnections.com](http://www.kirrieconnections.com)



**Hear Me**

Counselling for survivors of sexual abuse in Angus. Supporting men, women and children (age 8+)

Tel: 01307 850741

[info@hearmecounselling.com](mailto:info@hearmecounselling.com)

[www.hearmecounselling.com](http://www.hearmecounselling.com)



**Angus Women's Aid**

Domestic Abuse Advocacy and support services for women, children and young people who have been affected by domestic abuse.

You can contact us by email

[info@anguswomensaid.co.uk](mailto:info@anguswomensaid.co.uk) or call us on

01241 439437

Twitter @aware30 or Facebook @AngusWA



**New Solutions**

Tel: 07929 382122

Supporting families with their mental health

[www.new-solutions.co.uk](http://www.new-solutions.co.uk)

[gail@new-solutions.co.uk](mailto:gail@new-solutions.co.uk)



**Angus Independent Advocacy**

Tel 01241 434413

[enquiries@angusindadvocacy.org](mailto:enquiries@angusindadvocacy.org)

Prioritising local people who require advocacy support with;

- An upcoming Mental Health Tribunal
- Adult Support Protection
- Adults with Incapacity
- A Children's Hearing Panel or social work meetings concerning families at risk



**Angus Citizens Advice Bureau**

Contact us by telephone on 01241 870661 or by email using the 'Contact us' page on our website

[www.anguscab.org.uk/contact-us](http://www.anguscab.org.uk/contact-us)



**Third Sector Interface**

Tel 01307 466113

Email: [info@voluntaryactionangus.org.uk](mailto:info@voluntaryactionangus.org.uk)

[www.voluntaryactionangus.org.uk](http://www.voluntaryactionangus.org.uk)



**HOME START-ANGUS**

Tel 01241 431131

Supporting families with at least one child under 5

Email: [info@homestartangus.org.uk](mailto:info@homestartangus.org.uk)

[www.facebook.com/homestartangus/](http://www.facebook.com/homestartangus/)



**DeafLinks**

Tel/Text/Video: Vix Paulo: 07745347567

Tricia Mill: 07926568529

Lucyanna McLaughlin: 07721866937

Alana Harper: 07711462385

Email [info@deaflinks.org.uk](mailto:info@deaflinks.org.uk)



**Angus Social Enterprise**

Tel: 07928 688207

[www.angussen.org.uk](http://www.angussen.org.uk)

Twitter - @AngusSocial

Facebook - @SENAngus.

Guidance on organisational development, funds and support. Links to find groups that are offering services in Angus.

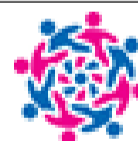


**Community FIRST**

Providing free grocery packages during COVID19 through S-Martscot



[www.s-martscot.com](http://www.s-martscot.com)



**Angus Carers Centre**  
supporting carers

**Angus Carers Centre**

Supporting unpaid carers in Angus.

Tel 01241 439157 Email: [enquiries@anguscarers.org.uk](mailto:enquiries@anguscarers.org.uk)

Twitter: @AngusCarers Facebook: Angus Carers



**Tayside Council on Alcohol**

Tel (Angus): 01241 872989

Email:

[enquiries@alcoholtayside.com](mailto:enquiries@alcoholtayside.com)



**Care About Angus**

Tel - 01241 797777

SHOPPING SERVICE. LAUNDRY, HOUSEWORK. WELL BEING PHONE CALL, PRESCRIPTION PICK UP

Email: [admin@careaboutangus.org.uk](mailto:admin@careaboutangus.org.uk)



**Penumbra**  
Angus Wellbeing Service

Contact us

[Angus.nova@penumbra.org.uk](mailto:Angus.nova@penumbra.org.uk)



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